



# Course technical sheet

Workers Safety Training – Medium Risk

Fee

**Free**

Final exam only

Course code

**LAV\_RM\_LA**

Test duration

**60 min**

Passing score

**70%**

Issued

**27/05/2026**

## Executive summary

The course "Workers Safety Training – Medium Risk" is designed to equip workers exposed to medium-level risks with the knowledge and skills needed to operate safely in compliance with current regulations. The 12-hour training is divided into 4 hours of general training and 8 hours of specific training, covering topics such as emergency management, identification and prevention of chemical, electrical, and physical risks, and the correct use of personal protective equipment (PPE). The training uses realistic practical cases from work environments like supermarkets, warehouses, industrial kitchens, and laboratories to ensure practical application of the knowledge gained. Participants will be able to recognize common hazards, adopt safe behaviors in various situations, and actively contribute to safer workplaces. The course requires passing a final assessment with at least 70% and mandates refresher training every five years to keep skills up to date.

## Certification process

- Registration or login to the Academy platform.
- Completion of the final course examination only. Any training or preparation may be completed externally or through other channels.
- The test questions refer to the objectives, skills and topics described in this technical sheet.
- Assessment of the result, possible validation and certificate issuance according to the rules applicable to the course.

## Important note

On Academy, candidates take only the final course examination. Any training or preparation activity may be delivered externally or through other channels. The test questions refer to the topics described in this technical sheet and in the course syllabus summary.

## Syllabus summary

Legislative Decree 81/2008, art. 37 + State-Regions Agreement 17/04/2025 (Rep. Acts No. 59/CSR, Official Gazette No. 119 of 24/05/2025): 4h General Training + 8h Specific Training (medium risk) = 12h total; refresher every 5 years, minimum 6h

## Learning Objectives

- Provide general and specific knowledge about medium risk in the workplace
- Develop skills for risk prevention and management
- Promote safe and aware behaviors

### Certification Bodies Management systems

IFZA Business Park - Building A2 - Nadd Hessa - Dubai Silicon Oasis  
United Arab Emirates  
Phone: +971 502475030  
Email: info@certificatoiwz.org  
VAT/Tax ID: 104216397000003

### Course technical sheet

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**Skills Acquired**

- Identify and assess sector-specific risks
- Correct use of PPE
- Manage emergency situations
- Apply current regulations

**Target Audience**

- Workers exposed to medium-level risks as per legislation

**Prerequisites**

- No formal prerequisites required

**Program**

- General Training (4 hours): safety principles, rights and duties
- Specific Training (8 hours): medium risk hazards, practical cases, PPE use, emergencies

**Teaching Methodology**

- Lectures
- Case studies and simulations
- Multimedia materials

**Assessment Method**

- Final test requiring a 70% passing score

**Duration**

- 12 hours total (4 hours general + 8 hours specific)

**Certification**

- Certificate of completion compliant with Legislative Decree 81/2008

**Expected Outcomes**

- Improved risk awareness
- Prevention and response skills
- Regulatory compliance